Providing financial and practical support

for insurance employees

The Insurance Charities is the only charity in the UK supporting current and former insurance employees and their families across the UK and Ireland.

How do we help?

The charity transforms insurance people's lives for the better by providing a lifeline to support them with whatever difficulties they may be facing such as:

- Poor health
- Domestic abuse
- Relationship breakdown
- Depression
- Disability
- Financial problems
- Tragedy
- Redundancy

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I would just like to thank you for all your help during the application process. Things aren't great for me at the moment and this been the best news in 12 months. You really have made my year. We can help people throughout their career and beyond with one off and ongoing financial and/or practical support for as long as it's needed.

Last year we gave out over £612k to those experiencing financial hardship to help pay for things such as household appliances, school uniform, funeral costs, rehabilitation, and property adaptations.

We also work with other organisations such as Aware in Ireland, Shelter and Alzheimer's Society to provide practical support where needed.

Through these fantastic charities we can help those experiencing mild depression and anxiety, assist those with housing concerns, and those affected by dementia.

Did you know?

- It doesn't matter what role vou've had working in the sector
- Your application will be treated in the strictest of confidence
- You don't need to be a member of a professional body or association to access support
- · Both working and nonworking people can apply
- The charity also supports dependants of insurance employees (past and present) such as children and partners.



Find out more and apply for support

You can see if you are eligible for help and make an application via a simple online form on our website. www.theinsurancecharities. org.uk/help-and-support



Looking to give something back?

Volunteering provides many benefits to both mental and physical health. We're delighted to offer some fantastic opportunities to the insurance community through our work with Alzheimer's Society.

We're looking for volunteers to make regular calls to those affected by dementia (including carers) who have been impacted by the pandemic.

Find out more here

www.theinsurancecharities.org.uk/volunteering

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www.theinsurancecharities.org.uk



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